For further information about what is taught in Maths, English, Technology, PE, and PSHE, please click here to visit the subject curriculum maps on our website.

Fitz Flex CURRICULUM MAP



Overview

Our Fitz Flex curriculum exists to support students for whom, owing to a range of reasons, the mainstream classroom is not the appropriate learning environment. It is, in name and nature, flexible. For some students with EBSA, the Fitz Flex curriculum is a transition pathway to return to some, or all, mainstream lessons; for other EBSA students the Fitz Flex programme may be a longer-term solution, providing students with the safety and connection with school, access to the wider extra- and super-curricular offer, and offering the opportunity to work towards qualifications in English and Mathematics. For students with SEMH who are accessing other Alternative Provision, Fitz Flex supports the learning students are doing in English and Mathematics elsewhere, maintains connections with school, and supplements AP with additional health and wellbeing work, and technology learning with skills for life. It is bespoke and responsive to the needs of the students who access the provision. Consequently, the curriculum map looks different from our other subject curriculum maps.

Aspiration

Students work towards qualifications in English and Mathematics, with lessons in literacy and Mathematics several times per week. Our intention is that, in almost all cases, students complete GCSEs in these subjects; however, where a Functional Skills qualification is more appropriate, students may be entered for this instead.

Alongside these core subjects, students are taught Design and Technology and Textiles, gaining knowledge of wider historical, social cultural, environmental and economic factures which influence the process of design, and learning the skills to design and make functional and decorative products using a range of materials. Students have the experience and satisfaction of seeing a project through from start to finish, learning resilience, problem-solving skills, and technical knowledge along the way.

Our Health and Wellbeing programme supports students in making aspirational choices regarding their own bodies and minds, and careers and futures, combining PSHE, PE, and bespoke additional sessions with expert members of staff.

Opportunity

Within the classroom:

An important part of the Fitz Flex curriculum is the opportunity to be part of the Fitzharrys community. Students remain part of a tutor group and attend registration each afternoon, meaning that they are involved in assemblies, PSHE, revision activities, and weekly celebration of successes, with all the opportunities these bring. In Fitz Flex lessons, our focus is on equipping students with what they need to be successful later in life, with opportunities for consolidation of core literacy and numeracy knowledge complemented by the practical and creative opportunities afforded by technology and PE, and the opportunities for self-knowledge and self-development offered by PSHE.

Beyond the classroom:

Beyond the curriculum, students may participate in:

- assemblies of all kinds, including awards assemblies and guest speakers
- extra-curricular trips and visits, including events taking place in school
- careers advice appointments

Integrity

Knowledge:

Within the Fitz Flex curriculum students learn about how to keep themselves and others safe and healthy. They learn the literacy needed to communicate clearly and effectively with others, and the numeracy that will enable them to be successful contributors to society – as well as gaining qualifications that will open doors to their next steps.

Skills:

Students also develop the important skills of collaborative working, and practise the resilience, patience, kindness, cooperation, and tolerance that is encompassed in being a member of a school community. The flexibility of the programme allows staff to work to meet students' needs with regards to the development of their social, emotional and mental health and well-being; students learn and practise the strategies they will need to be healthy, and to act with integrity, later in life.

FITZ FLEX CURRICULUM MAP



Functional Maths

- In their Maths lessons, students work towards GCSE Mathematics.
- For students for whom a GCSE in Mathematics will not be appropriate, students are entered for the Functional Skills qualifications which will allow them to access their next steps.
- For some students, these lessons will reinforce and support learning at Alternative Provision placements; for others, they will be the sole means through which students access these qualifications.
- Mastery of numeracy is prioritised, alongside the consolidation of Maths Memory.
- We often work through a range of past paper questions and adapt to the needs of the students in the room to boost understanding.

specialist Maths teachers working with individualsAcademy 21

In Maths, we use:

Functional Literacy

- In Literacy, we use:specialist English tutor working with individuals and small groups
- Lexia
- BedrockAcademy 21

- In their Literacy lessons, students work towards GCSE English Language.
- For students for whom a GCSE in English Language will not be appropriate, students are entered for the Functional Skills qualifications which will allow them to access their next steps.
- For some students, these lessons will reinforce and support learning at Alternative Provision placements; for others, they will be the sole means through which students access these qualifications.
- Students work especially on reading, using text to develop comprehension skills and vocabulary, as well as transferring their learning to their own writing.

Functional Technology

- In Technology, we use:
- Maths, science and DT subject knowledge to join skills together
- appropriate skills based on the teachers' specialism
- In their Technology lessons, students are supported to work on functional projects to give them key practical skills for life. Students are taught skills and mini projects, where possible, to showcase a range of skills such as woodwork, metal work, designing, textile crafts and food.
- This depends on the class cohort, ability and age of the group. Projects are based upon these factors and subject teachers' specialism.
- Projects and lessons are tailored to support students' needs. Some are focused on designing, some on creating resources and setting up equipment and learning the routines.

Health and Wellbeing

- In their PSHE lessons pupils received targeted support which supports PSHE lessons with their form group, taking advantage of the small group to be able to facilitate detailed discussions. We follow the same curriculum as the rest of the school, encouraging responsible personal development as pupils look ahead to their future.
- In their PE lessons students are supported to keep engaged with a healthy active lifestyle
 through several different activities. Basketball, Table Tennis and the Fitness Suite are some of the
 activities on offer to give them a variety of both team and individual activities. All with the aim of
 maintaining and improving their personal levels of fitness as well as communication, teamwork
 and mental wellbeing.
- In Health and Wellbeing, we use:
 specialist teachers working with individuals and small groups
- Jigsaw
 - Fitness Suite/Sports hall