

22 February 2023

OxWell student wellbeing survey:

Dear Parents/ Carer,

In partnership with researchers at the University of Oxford, Fitzharrys school has agreed to take part in the OxWell study investigating student health and wellbeing by asking students to log in to an online survey. This survey is *not compulsory* and any student not wishing to do this does not have to. The survey is set up and organised by Oxford University.

Childhood and adolescence is a critical period for mental health and brain development. By asking them directly about how they experience school life and health-related issues, Oxford University hopes to better understand what is happening to the mental health of young people, and to be able to provide the best support possible to schools. The information shared with us by the University will help us plan for this as a school.

More information about this study and the larger project can be obtained on the research team's webpage (<https://oxwell.org/>) or by contacting the research team at: oxwell@psych.ox.ac.uk.

What does the survey involve:

Around 200 questions on lifestyle and health-related issues. The survey is to be completed on-line and should take approximately 30 minutes. Some of the questions address sensitive areas (e.g., safety, bullying, mental wellbeing). Pupils are also asked some questions related to risk factors like self-harm, drugs, abuse, depression and anxiety. At the end of the survey, appropriate advice and guidance is provided with links (e.g., www.childline.org.uk). The University does not wish to identify students and therefore does not ask for names, addresses, date of birth or use unique logins. The survey data is collected as part of a service provided by Foster and Brown Research Ltd (www.fabresearch.com).

There are no direct benefits of taking part to the student, but one of the aims of the survey is to advise schools on which topics students might require additional information on to be fully aware of the dangers of specific situations and behaviours. In the event that the survey highlights any safeguarding concerns then the relevant school safeguarding leads are informed of the number of concerning responses in the whole school.



A school login is provided to students (this will be set on e-praise on Wednesday 1st March and will be open until 21st March 2023. The details are also listed at the end of this letter for quick reference.

If you have a concern about any aspect of this project, please contact Shona O’Leary, the OxWell administrator on oxwell@psych.ox.ac.uk / 01865 613133 or myself at mdavies@fitzharrys.oxon.sch.uk, as the school representative.

Thank you for your support in helping us better understand the mental health of our students.

Yours sincerely



M Davies
Assistant Head- Personal development

Instructions to log in:

<https://oxwell2023ops.fabsurveys.co.uk/>

(please use Chrome if you are using an iPad)

- Your **user ID** is: **9314127**
- Your **password** is: **w5p?2z3mr** (letters are case sensitive)
- Please **enter your Year Group** and **click the arrow** button to enter the survey.



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