

THE DINER @ FITZHARRYS

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Chicken and Bacon Pasta Bake	Italian Style Meatballs in a Rich Tomato Sauce	Roast Loin of Pork	Spaghetti Bolognese with Garlic Bread	Battered Fish Or Battered Chicken Nuggets
VEGETARIAN DISH	Cheese and Tomato Pasta	Mediterranean Vegetable Wrap	Mac n Cheese	Cheese and Tomato Pizza	Vegetarian Lasagne
POTATO & VEGETABLES	A Selection of Seasonal Vegetables and Potato	A Selection of Seasonal Vegetables and Potato	A Selection of Seasonal Vegetables and Potato	A Selection of Seasonal Vegetables and Potato	A Selection of Seasonal Vegetables and Potato
DESSERT OR FRESH FRUIT	Chocolate Sponge Or Fresh Fruit	Fruity Flapjack Or Fresh Fruit	Vanilla & Chocolate Mousse Or Fresh Fruit	Ginger Sponge Or Fresh Fruit	Ice Cream Or Fresh Fruit

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WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Minced Beef Lasagne	Crispy Chicken Burger in a Brioche Bun	Roast Topside of Beef	Creamy Chicken Korma with Poppadum's	Battered Fish Or Fish Fingers
VEGETARIAN DISH	Sweet n Sour Sauce with Quorn Pieces	Vegetable Korma with Rice	Cheese and Tomato Pizza	Vegetarian Cottage Pie	Vegetarian Sausage and Chips
POTATO & VEGETABLES	A Selection of Seasonal Vegetables and Potato	A Selection of Seasonal Vegetables and Potato	A Selection of Seasonal Vegetables and Potato	A Selection of Seasonal Vegetables and Potato	A Selection of Seasonal Vegetables and Potato
DESSERT OR FRESH FRUIT Or YOGHURT	Golden Syrup Sponge or Fresh Fruit	Lemon Curd Shortbread Or Fresh Fruit	Orange Cake Muffin Or Fresh Fruit	Apple & Blackberry Crumble Or Fresh Fruit	Ice Cream Or Fresh Fruit